

HORARIO

LUNES

8:00 -Vinyasa Flow I/II

18:30- Hatha Basic

19:30- Vinyasa Flow I

MARTES

18:15- Yin Yoga

19:30- Ashtanga

MIÉRCOLES

10:00 -Hatha Basic

17:30 - Meditación

19:30- Vinyasa Flow II

JUEVES

18:45-Hatha Basic

20:00- Power Yoga

VIERNES

7:30 - Ashtanga

9:30 - Hatha Basic

17:30- Vinyasa Flow I

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